



THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LIMITED

中 國 香 港 足 球 總 會

中國香港足球總會“C”級教練課程[46]  
HKFA “C” Coaching Certificate Course [46]

《報名須知 GENERAL INFORMATION》

日期:	2025 年 4 月 24 日至 2025 年 6 月 21 日	
Date:	24 <sup>th</sup> April 2025 – 21 <sup>st</sup> June 2025	
時間:	請參閱時間表	
Time	Please refer to the timetable	
地點:	請參閱時間表	
Venue:	Please refer to the timetable	
名額:	40	
Quota:	40	
內容:	1) 教練理論	Coaching Theory
Contents:	2) 教練實習	Coaching Practice
評核:	1) 理論考試 1 次	1 Theory Examinations
Assessments:	2) 球例考試 1 次	1 Laws of the Game Examinations
	2) 教練實習考試 2 次	2 Practical Coaching Examinations
	3) 教練日誌	Coaching logbook
教授語言:	粵語	(另備有英語筆記及考試題目)
Medium of Instruction:	Cantonese	(English handout & Exam available)
報名資格:	1) 註冊中國香港足球總會 D 級教練	
Application Requirements:	Registered HKFA D License Coaches	
	2) 比賽經驗	Playing Experience
	3) 身體體能狀況良好	Physically Fit
	4) 操流利中英文及書寫	Fluent spoken and written Chinese & English
	5) 願意投入教練工作	Committed in Coaching
課程費用:	港幣 \$ 8,400.00 元正	
Course Fee:	HKD \$ 8,400.00	
報名日期:	2025 年 3 月 27 日至 2025 年 4 月 2 日	
Application Period:	27 <sup>th</sup> March 2025 – 2 <sup>nd</sup> April 2025	



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## 備註 Remarks :

- 1) 請於報名日期期間登入網上教練系統報名 (教練必須註冊方能登入教練系統) <http://coach.hkfa.com>  
Please login to the Online Coach System to apply (Coaches MUST register in order to login) <http://coach.hkfa.com>
- 2) 課程費用需於確認取錄後三天內繳付, 繳費方法如下:  
Course fee MUST be paid within three days from acceptance, payment can be made by:
  - a. 信用卡 – 透過教練系統以信用卡支付 或  
Credit Card – through the Online Coach System OR
  - b. 支票 – 郵寄(地址: 九龍何文田佛光街 55 號)或親身到本會遞交劃線支票(抬頭寫“THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LTD”)。\*如支票未能兌現, 本會將會收取申請人港幣\$100 之行政費用。  
Crossed Cheque – by post or in person (payable to “THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LTD”).  
\*Please be advised that any cheque payment that has been rejected will incur an addition HK\$100 administrative charge.
- 3) 報名所需文件 Documents Required :
  - a. 身份證副本或護照 (電郵至本會 [coach@hkfa.com](mailto:coach@hkfa.com))  
Copy of HKID or Passport (E-mail to [coach@hkfa.com](mailto:coach@hkfa.com))
  - b. 個人履歷表 (請更新網上教練內的個人履歷)  
Curriculum Vitae (Please update coaching CV in online coaching system)
- 4) 本會技術發展部將根據《評選範疇》審核申請並挑選 40 名學員, 有關結果將透過電郵通知所有獲取錄學員。  
The HKFA Technical Development Department will select the final 40 candidates. Selected candidates will be **notified by E-mail**.
- 5) 若申請人所持報名資料不足或支票不能在預定日期兌現, 本會有權將其申請當作棄權論而不會再作任何通知。  
If applicant cannot provide sufficient documents or valid cheque within the application period, the HKFA reserves the right to reject the application without prior notice.
- 6) 報名一經接納, 費用概不發還。  
Course fee paid is non-refundable upon the completion of application procedures.
- 7) 學員必須出席所有的課堂及課堂整體操守表現良好。  
Students MUST attend ALL sessions and with good conduct.
- 8) 如學員於理論考試或球例考試中未能取得合格, 需接受本會安排之補考並繳交行政費, 第一次補考費用為港幣\$200, 如未能合格者, 第二次補考費用為港幣\$500, 兩次補考而未能合格者需重新報讀課程。  
If a participant failed the Theory exam or the Laws of the game exam, he/she has to attend a supplementary exam and pay administrative fee of HK\$200. If 2nd supplementary exam is needed, the administrative fee will be HK\$500 respectively. If a participant failed the 2nd supplementary exam, he/she have to retake the course.
- 9) 合格之學員, 必須於本會發出成績後之 24 個月內, 獲取 60 小時之實習教授經驗並提交實習教案, 方可獲發證書。若學員未能於指定時間內完成實習, 可以書面申請, 經本會審批後而被接納之申請者將可獲不多於 6 個月之寬限期。  
Upon receipt of the course result, the passed participant will have to gain a total of 60 hours practical coaching experience and hand-in coaching logbook within two years before a Certificate can be awarded. Should any participant need to extend the practical period; he/she has to submit a written notice to the HKFA for approval. The maximum period of extension is 6 months.
- 10) 參加者必需自行購買意外保險。  
All participants must arrange their own personal accident insurance.
- 11) 主辦機構保留修改章程的權利, 參加者不得異議。  
The organizer reserves the right of making any amendment in the course and the decision should be final.
- 12) 請假及補課安排:
  - 學員請假必須提供證明 (例如醫生證明書或公司信等)。在獲得教練培訓部確認後將可安排補課。  
Please provide medical or company proof for class absence. Make-up class will be arranged after the approval from Coach Education.
  - 補課費用: 每堂港幣\$200 (課程只接受一次的補課)  
Make-up class fee is HK\$200 per class (Maximum one make-up class per course)
  - 若未經預先通知教練培訓部而缺席課堂, 將不獲補堂。  
Absent without notifying Coach Education, NO make-up class will be arranged.



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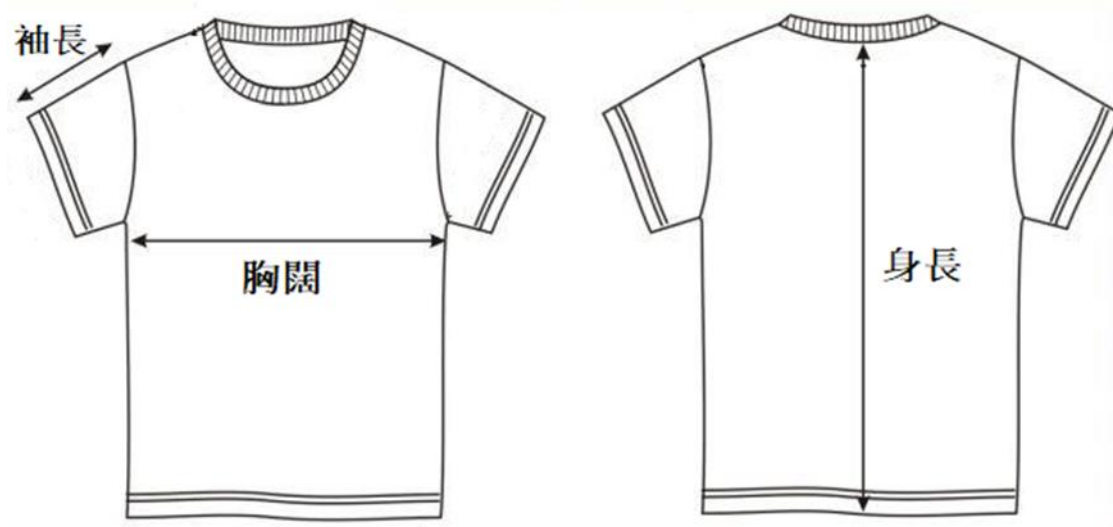
附件一 (制服尺碼表)

Appendix 1 (Uniform Size Chart)

## Kelme size chart

球衣及 Polo 恤

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	65	67	69	71	73	75	77
胸闊 (cm)	48	50	52	54	56	58	60
袖長 (cm)	21	21.5	22	22.5	23	23.5	24



衛衣、外套及風褸

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	64	66	68	70	72	74	76
胸闊 (cm)	52	54	56	58	60	62	64
袖長 (cm)	74	76	78	80	82	84	86



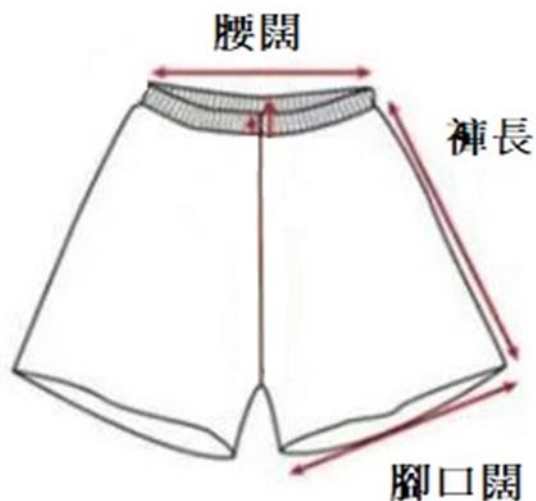


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### 短褲

Sizes (Asian)	S	M	L	XL	2XL
褲長 (cm)	44.5	46	47.5	49	50.5
腰闊 (cm)	32	33.5	35	36.5	38
腳口闊 (cm)	27	28	29	30	31



### 長褲

Sizes (Asian)	S	M	L	XL	2XL
褲長 (cm)	93.5	96	98.5	101	103.5
腰闊 (cm)	32	33.5	35	36.5	38

