



中國香港足球總會“C”級教練課程 [48]
HKFA “C” Diploma Coaching Course [48]

《報名須知 GENERAL INFORMATION》

日期: Date:	2026年4月28日至2026年6月30日 28 th April 2026 – 30 th June 2026
時間: Time	請參閱時間表 Please refer to the timetable
地點: Venue:	請參閱時間表 Please refer to the timetable
名額: Quota:	40 40
內容: Contents:	1) 教練理論 Coaching Theory 2) 教練實習 Coaching Practice
評核: Assessments:	1) 理論考試 1 次 1 Theory Examinations 2) 球例考試 1 次 1 Laws of the Game Examinations 2) 教練實習考試 2 次 2 Practical Coaching Examinations 3) 教練日誌 Coaching logbook
教授語言: Medium of Instruction:	粵語 (另備有英語筆記及考試題目) Cantonese (English handout & Exam available)
報名資格: Application Requirements:	1) 註冊中國香港足球總會 D 級教練 Registered HKFA D License Coaches 2) 比賽經驗 Playing Experience 3) 身體體能狀況良好 Physically Fit 4) 操流利中英文及書寫 Fluent spoken and written Chinese & English 5) 願意投入教練工作 Committed in Coaching
課程費用: Course Fee:	港幣 \$ 8,600.00 元正 HKD \$ 8,600.00
報名日期: Application Period:	2026年2月26日至2026年3月11日 26 th February 2026 – 11 th March 2026



THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LIMITED

中 國 香 港 足 球 總 會

備註 Remarks :

- 1) 請於報名日期期間登入網上教練系統報名 (教練必須註冊方能登入教練系統) <http://coach.hkfa.com>
Please log in to the Online Coach Management System to apply. (Coaches must register before logging in - <http://coach.hkfa.com>)
- 2) 課程費用需於確認取錄後三天內繳付，繳費方法如下：
Course fee must be paid within three days from acceptance. Payment can be made by:
 - a. 信用卡 – 透過教練系統以信用卡支付 或
Credit Card – through the Online Coach System OR
 - b. 支票– 郵寄(地址:九龍何文田佛光街 55 號)或親身到本會遞交劃線支票 (抬頭寫 “**THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LTD**”)。*如支票未能兌現，本會將會收取申請人港幣\$100 之行政費用。
Crossed Cheque – by post or in person (payable to “**THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LTD**”). *Please be advised that any cheque payment that has been rejected will incur an additional HK\$100 administrative charge.
- 3) 報名所需文件 Documents Required :
 - a. 身份證副本或護照 (電郵至本會 coach@hkfa.com) Copy of HKID or Passport (E-mail to coach@hkfa.com)
 - b. 個人履歷表 (請更新網上教練內的個人履歷) Curriculum Vitae (Please update coaching CV in online coaching system)
- 4) 本會技術發展部將根據《評選範疇》審核申請並挑選 40 名學員，有關結果將透過電郵通知所有獲取錄學員。
The HKFA Technical Development Department will select the final 40 candidates. Selected candidates will be **notified by E-mail**.
- 5) 若申請人所持報名資料不足或支票不能在預定日期兌現，本會有權將其申請當作棄權論而不會再作任何通知。
If applicants fail to provide sufficient documents or a valid cheque within the application period, HKFA reserves the right to reject the application without prior notice.
- 6) 報名一經接納，費用概不發還。
Course fee paid is non-refundable upon the completion of application procedures.
- 7) 學員必須出席所有的課堂及課堂整體操守表現良好。
Students MUST attend ALL sessions and with good conduct.
- 8) 如學員於理論考試或球例考試中未能取得合格，需接受本會安排之補考並繳交行政費，第一次補考費用為港幣\$200，如未能合格者，第二次補考費用為港幣\$500，兩次補考而未能合格者需重新報讀課程。
If a participant fails either the Theory exam or the Laws of the Game exam, he/she must attend a supplementary exam and pay an administrative fee of HK\$200. A second supplementary exam, if required, will incur an administrative fee of HK\$500. Failure in the second supplementary exam will result in the participant having to retake the entire course.
- 9) 合格之學員，必須於本會發出成績後之 24 個月內，獲取 60 小時之實習教授經驗並提交實習教案，方可獲發證書。若學員未能於指定時間內完成實習，可以書面申請，經本會審批後而被接納之申請者將可獲不多於 6 個月之寬限期。
Upon receiving the course results, participants who pass must complete a total of 60 hours of practical coaching experience and submit their coaching logbook within two years before a certificate can be awarded. If an extension of the practical period is required, a written request must be submitted to the HKFA for approval. The maximum extension permitted is six months.
- 10) 參加者必須自行購買意外保險。如在課程期間發生任何意外，本會恕不負責，亦不作出任何賠償。
All participants are required to arrange their own personal accident insurance. In the event of any accident, the HKFA will not provide compensation.



11) 主辦機構保留修改章程的權利，參加者不得異議。

The organizer retains the authority to make changes to the course, and its decisions are final.

12) 請假及補課安排:

- 學員必須 100%出席教練課程

Candidates are required to attend 100% of a coaching course

- 如提交書面且有理據的申請，學員可獲安排補課，但總缺席時數不得超過課程總時數的 10%。

Upon a written and well-founded request, candidates may make up missed modules or sessions provided that their total absence does not exceed 10% of the course duration.

- 所有缺席的課堂必須在課程完成後 6 個月內完成補堂

All missed units must be completed within six (6) months after the course concludes.

- 學員請假必須提供有效證明 (例如醫生證明書或公司信等)。在獲得教練培訓部確認後將可安排補課。

Please provide valid medical or company documentation to justify your absence from class. A make-up session will be arranged once approval is granted by Coach Education.

- 補課費用: 每堂港幣\$200 (本課程只接受 2 次的補課)

A make-up class will incur a fee of HK\$200/class, and only TWO (2) make-up classes are allowed for this course

- 如未事先通知本會教練培訓部而缺席課堂，將不獲安排補堂。電郵: coach@hkfa.com

No make-up class will be allowed for absences without prior notice to HKFA Coach Education. Contact: coach@hkfa.com

* 完 End *



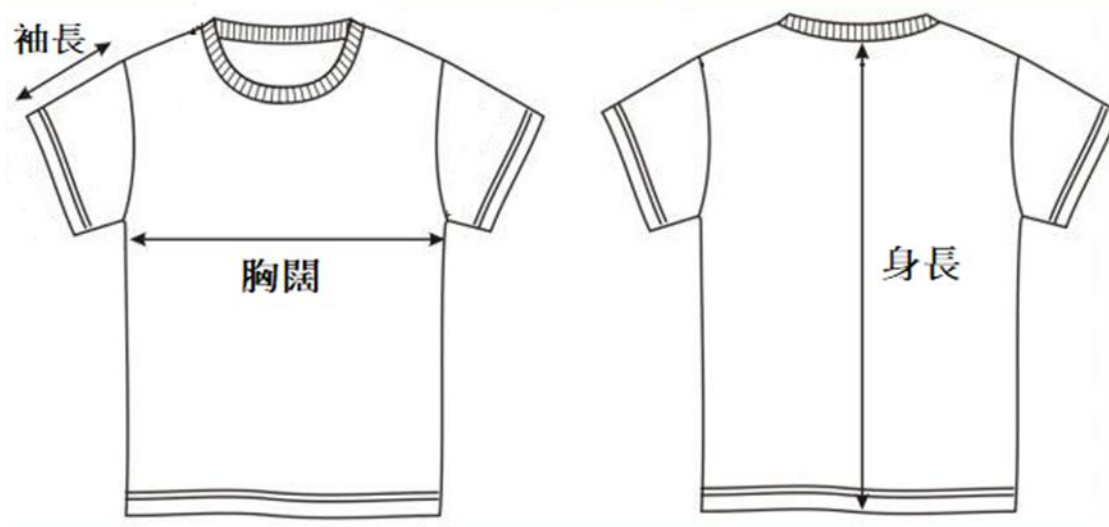
一 (制服尺碼表)

Appendix 1 (Uniform Size Chart)

Kelme size chart

球衣及 Polo 恤

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	65	67	69	71	73	75	77
胸闊 (cm)	48	50	52	54	56	58	60
袖長 (cm)	21	21.5	22	22.5	23	23.5	24



衛衣、外套及風褸

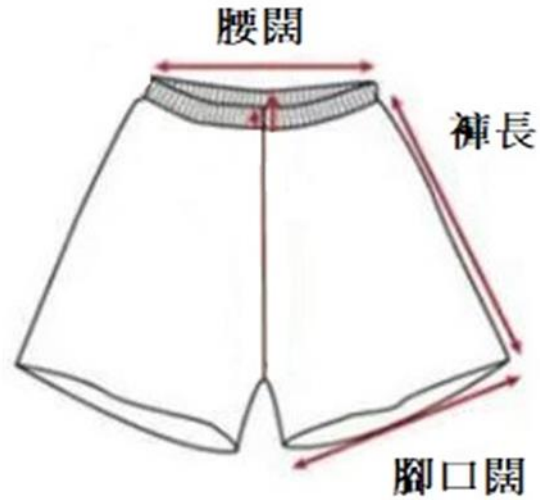
Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	64	66	68	70	72	74	76
胸闊 (cm)	52	54	56	58	60	62	64
袖長 (cm)	74	76	78	80	82	84	86





短褲

Sizes (Asian)	S	M	L	XL	2XL
褲長 (cm)	44.5	46	47.5	49	50.5
腰闊 (cm)	32	33.5	35	36.5	38
腳口闊 (cm)	27	28	29	30	31



長褲

Sizes (Asian)	S	M	L	XL	2XL
褲長 (cm)	93.5	96	98.5	101	103.5
腰闊 (cm)	32	33.5	35	36.5	38

