



中國香港足球總會 D 級教練課程 [79]
HKFA D Coaching Certificate Course [79]

《 報 名 須 知 GENERAL INFORMATION 》

- 日期: 2026 年 3 月 10 日至 2026 年 4 月 14 日
Date: 10th March 2026 – 14th April 2026
- 時間及地點:: 請參閱時間表
Time & Venue: Please refer to the Timetable
- 名額: 40 人
Maximum No.: 40 seats
- 內容: 1) 理論課 Theory Session
Contents: 2) 實習課 Practice Session
- 評核: 實習教授評核 1 次 One Practical Coaching Assessment
Assessments: 理論考試 1 次 One Theory Exam
球例考試 1 次 One Laws of the Game Exam
- 教授語言: 粵語 (另備有英語筆記及考試題目)
Medium of Instruction: Cantonese (English handout & Exam available)
- 報名資格: 1) 年滿 18 歲或以上之註冊青年足球領袖/註冊草根足球領袖/註冊草根足球策劃員 或
Requirements: Age 18 or above Registered Youth Football Leader/
Registered Grassroots Football Leader/ Registered Grassroots Football Planner OR
- 2) 中銀人壽香港超級聯賽球會(25-26)推薦之球員 或
(需具推薦信及註冊證明); Players or coaches recommended by Hong Kong Premier League clubs OR
(With recommendation letter and registration proof);
- 3) 前甲組職業球員(13-14 或以前) 香港超級聯賽(14-15 或以後)或 或
香港代表隊球員(不包括青年代表隊) Former 1st Division/Primer League professional player or OR
Hong Kong Representative Team player
(Youth Representative Team player is **NOT** eligible)
- 課程費用: 港幣 \$5600.00 元正 HKD \$ 5600.00
Course Fee: (包括運動裝備: 套裝一套、球衣、球褲及球襪兩套及有領上衣一件)
(Fee Include: 1 set of tracksuit, 2 sets of jersey, shorts and socks and 1 polo shirt)
- *尺碼表請查看附件一
* Please refer to Appendix 1 for the size chart
- 報名日期: 2026 年 1 月 29 日至 2026 年 2 月 4 日
Application Period: 29th January - 4th February 2026
- (2026 年 1 月 29 日 10:00a.m 開始接受於網上教練系統內報名)**
(Application opens online at 10:00a.m. 29/1/2026)



THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LIMITED

中 國 香 港 足 球 總 會

備註 Remarks :

- 1) 請於報名期間登入網上教練系統報名 (青年足球領袖/草根足球領袖/草根足球策劃員**必須註冊**方能登入教練系統) <http://coach.hkfa.com>
Please login to the Online Coach System to apply (Coaches MUST register in order to login) <http://coach.hkfa.com>
**(青年足球領袖/草根足球領袖/草根足球策劃員以外之申請者請於報名期間親臨本會報名 Non-Youth Football Leader/Grassroots Football Leader/Grassroots Football Planner applicants please come to our office in person to apply. ALL documents and payment to apply)
- 2) 課程費用需於確認取錄後三天內繳付，繳費方法如下：
Course fee MUST be paid within three days from acceptance, payment can be made by:
 - a. 信用卡 - 透過教練系統以信用卡支付 或
Credit Card - through the Online Coach System OR
 - b. 支票 - 郵寄(地址：九龍何文田佛光街 55 號)或親身到本會遞交**劃線支票** (抬頭寫“**THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LTD**”)。*如支票未能兌現，本會將收取港幣\$100 之行政費用。
Crossed Cheque - by post or in person (payable to “**THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LTD**”). *Please be advised that any cheque payment that has been rejected will incur an addition HK\$100 administrative charge.
- 3) 報名所需文件 Documents Required :
 - a. 身份證或護照副本
HKID or Passport Copy
 - b. 香港超級聯賽球會**推薦信**正本及球員、教練或職員**註冊證明文件**副本
Hong Kong Premier League clubs **recommendation letter** and **registration proof** copy.
- 4) 本會技術發展部將根據《評選方法》審核申請並挑選 40 名學員，有關結果將於經網上教練系統或電郵(青年足球領袖/草根足球領袖/草根足球策劃員以外之申請者)通知。
The HKFA Technical Development Department will select the final 40 candidates according to the “Selection Criteria”. The results of the selection will be notified through the Online Coach System or by email (Non-Youth Football Leader/Grassroots Football Leader/Grassroots Football Planner applicants).
- 5) 若申請人之支票不能在預定日期兌現，本會有權將其申請當作棄權論而不會再作任何通知。
If applicant cannot provide valid cheque within the application period, the HKFA reserves the authority to reject the application without prior notice.
- 6) 報名一經接納，**費用概不發還**。
Course fee paid is **non-refundable** upon the completion of application procedures.
- 7) 出席率需要達到 100%、考試合格並完成實習之學員方合乎資格完成課程。
Participants who have 100% attendance, passed the examinations and completed practical coaching experience, are entitled to complete the course.
- 8) 如學員於理論或球例考試中未能取得合格，需接受本會安排之補考並繳交行政費。第一次補考費用為港幣\$200，如未能合格者，第二次補考費用為港幣\$500，兩次補考而未能合格者需重新報讀課程。
If a participant fails the Theory or the Laws of the Game exam, he/she has to attend a supplementary exam and pay administrative fee of HK \$200. If 2nd supplementary exam is needed, the administrative fee will be HK\$500 respectively. If a participant failed the 2nd supplementary exam, he/she has to retake the course.
- 9) 合格之學員，必須於本會發出成績後之 12 個月內，提交 30 小時之教練實習證明，方可獲發證書。若學員未能於指定時間內完成實習，可以書面申請，經本會審批後而被接納之申請者將可逾期提交。
Upon receipt of the course result, the passed participant has to hand in proof of a total of 30 hours practical coaching within one year before a Certificate can be awarded. Should any participant need to extend the practical period; he/she has to submit a written notice to the HKFA for approval.



10) 請假及補課安排 Arrangement of leave and make-up lesson:

- 學員請假必須提供有效證明 (例如醫生證明書或公司信等)。在獲得教練培訓部確認後將可安排補課。

Please provide valid medical or company proof for class absence. Make-up class will be arranged after the approval from Coach Education.

- 補課費用: 每堂港幣\$200 (課程只接受一次的補課)

Make-up class fee is HK\$200 per class (Maximum one make-up class per course)

- 若未經預先通知教練培訓部而缺席課堂，將不獲補堂。電郵: coach@hkfa.com

Absent without notifying Coach Education, NO make-up class will be permitted. Email: coach@hkfa.com

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11) 參加者必需自行購買意外保險。

All participants must arrange their own personal accident insurance.

12) 學員必須出席所有的課堂及課堂整體操守表現良好。

Students MUST attend ALL sessions and with good conduct.

13) 主辦機構保留修改章程的權利，參加者不得異議。

The organizer reserves the right of making any amendment in the course and the decision should be final.

* 完 End *



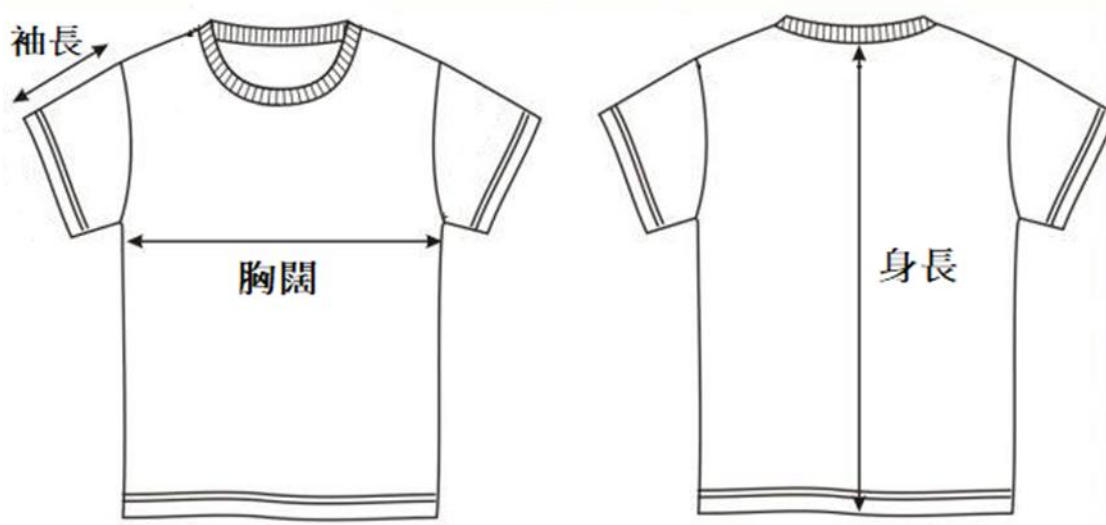
附件一 (制服尺碼表)

Appendix 1 (Uniform Size Chart)

Kelme size chart

球衣及 Polo 恤

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	65	67	69	71	73	75	77
胸闊 (cm)	48	50	52	54	56	58	60
袖長 (cm)	21	21.5	22	22.5	23	23.5	24



衛衣、外套及風褸

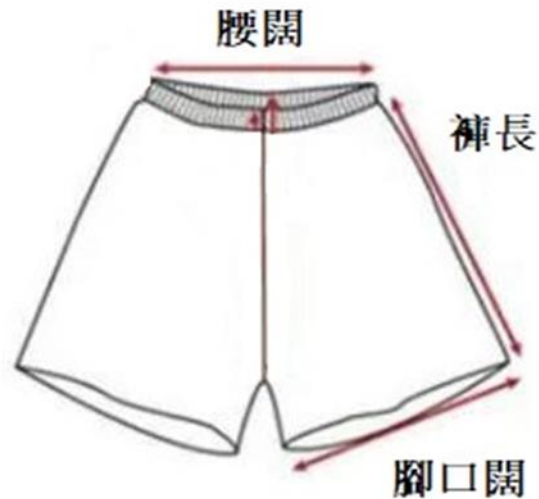
Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	64	66	68	70	72	74	76
胸闊 (cm)	52	54	56	58	60	62	64
袖長 (cm)	74	76	78	80	82	84	86





短褲

Sizes (Asian)	S	M	L	XL	2XL
褲長 (cm)	44.5	46	47.5	49	50.5
腰闊 (cm)	32	33.5	35	36.5	38
腳口闊 (cm)	27	28	29	30	31



長褲

Sizes (Asian)	S	M	L	XL	2XL
褲長 (cm)	93.5	96	98.5	101	103.5
腰闊 (cm)	32	33.5	35	36.5	38

