



**亞洲足協五人足球教練證書課程級別一[29]**  
**AFC Futsal Coaching Certificate Course Level 1 [29]**

**《 報 名 須 知 GENERAL INFORMATION 》**

- 日期: 2026 年 4 月 21 日至 2026 年 5 月 22 日  
Date: 21<sup>st</sup> April 2026 – 22<sup>nd</sup> May 2026
- 時間及地點:: 請參閱時間表  
Time & Venue: Please refer to the timetable
- 名額: 20 人  
Maximum No.: 20 seats
- 內容: 1) 教練理論 Coaching Theory  
Contents: 2) 教練實習 Coaching Practice
- 評核: 理論筆試 及 場地實習評核  
Assessments: Theory Written Examinations & Practical Assessment
- 教授語言: 粵語  
Medium of Instruction: Cantonese
- 報名資格: 年滿 18 歲或以上  
Requirements: Age 18 or above
- 評選範疇: 請參閱評選範疇  
Selection Criteria: Please refer to the Selection Criteria
- 其他資格: 1) 五人足球比賽經驗 Futsal Playing Experience  
Other Requirements: 2) 身體體能狀況良好 Physically Fit  
3) 願意投入教練工作 Committed in Coaching
- 課程費用: 港幣 \$5,500.00 元正 HKD \$ 5,500.00  
Course Fee: (包括運動裝備: 套裝一套、球衣、球褲及球襪兩套, 以及有領上衣一件)  
(Fees Include: 1 set of tracksuit, 2 sets of jersey, shorts, socks and 1 piece of polo shirt)
- \*尺碼表請查看附件一  
\* Please refer to Appendix 1 for the size chart
- 報名日期: 由 2026 年 3 月 23 日上午十時半開始至 2026 年 3 月 25 日晚上十一時五十九分  
Application Period: Starts at 10:30 on 23 March 2026 until 23:59 on 25 March 2025



**備註 Remarks :**

- 1) 請於報名期內登入網上教練系統報名 (教練**必須註冊**方能登入教練系統) <http://coach.hkfa.com>。如未持有任何教練資格人士，敬請親臨本會填寫表格報名。  
Please login to the Online Coach System to apply (Coaches **MUST** register in order to login) <http://coach.hkfa.com>. For those who do not hold any coach qualification, please enroll the course in person at our headquarter.
- 2) 課程費用需於確認取錄後三天內繳付，繳費方法如下：  
Course fee **MUST** be paid within three days from acceptance, payment can be made by:
  - a. 信用卡 - 透過教練系統以信用卡支付 **或**  
**Credit Card** - through the Online Coach System **OR**
  - b. **劃線支票** - 郵寄(地址：九龍何文田佛光街 55 號 )或親身到本會遞交 (抬頭：“**THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LIMITED**”)。\*如支票未能兌現，本會將收取港幣\$100 之行政費用。  
**Crossed Cheque** - by post or in person (payable to “**THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LIMITED**”). \*Rejected cheque payment will incur an addition HK\$100 administrative charge.
- 3) 報名所需文件 Documents Required :
  - a. **身份證副本**  
**HKID Copy**
- 4) 若申請人不能親身前往足球總會報名，申請人可授權他人代為報名，其必須持有申請人之授權書及報名所須文件，並祇可辦理一個申請。本會技術發展部將根據<評選範疇>審核申請並挑選 20 名學員，有關結果將經網上教練系統或郵寄(親臨本會之申請者)通知所有申請者。  
Applications could be made either in person or authorization letter to our office and one person can only make one application. The HKFA Technical Development Department will select the final 20 candidates according to the selection criteria. The results of the selection will be notified through the Online Coach System or by mail (Walk-in applications)..
- 5) 若申請人所持報名資料不足或支票不能在預定日期兌現，本會有權將其申請當作棄權論而不會作任何通知。  
If applicant cannot provide sufficient documents or valid cheque within the application period, the HKFA reserves the authority to reject the application without prior notice.
- 6) 報名一經接納，**費用概不發還**。  
Course fee paid is **non-refundable** upon the completion of application procedures.
- 7) 出席率達 85%、考試合格並完成實習之學員將合乎資格組織及安排 20 歲以下青少年之五人足球練習。  
Participants who have 85% attendance, passed the examinations and completed practical coaching experience, are entitled to organize futsal activities for children under 20.
- 8) 如學員於理論考試中未能取得合格，需接受本會安排之補考並繳交行政費，第一次補考費用為港幣\$200，如未能合格者，第二次補考費用為港幣\$500，兩次補考而未能合格者需重新報讀課程。場地考核不設補考。  
If a participant failed the Theory exam, he/she has to attend a supplementary exam and pay administrative fee of HK \$200. If 2nd supplementary exam is needed, the administrative fee will be HK\$500 respectively. If a participant failed the 2nd supplementary exam, he/she have to retake the course. There is no supplementary exam for the practical assessment.
- 9) 合格之學員，必須於本會發出成績後之 24 個月內，獲取 40 小時之實習教授經驗並提交實習教案，方可獲發證書。若學員未能於指定時間內完成實習，可以書面申請，經本會審批後而被接納之申請者將可獲不多於 6 個月之寬限期。  
Upon receipt of the course result, participants who had received a pass exam result has to provide proof of a total of 40 hours practical coaching logbook within 24 months before a Certificate can be awarded. Should any participant need to extend the practical period; he/she has to submit a written notice to the HKFA for approval.
- 10) 參加者必需自行購買意外保險。  
All participants must arrange their own personal accident insurance.
- 11) 主辦機構保留修改章程的權利，參加者不得異議。  
The organizer reserves the right of making any amendment in the course and the decision should be final.

\* 完 End \*



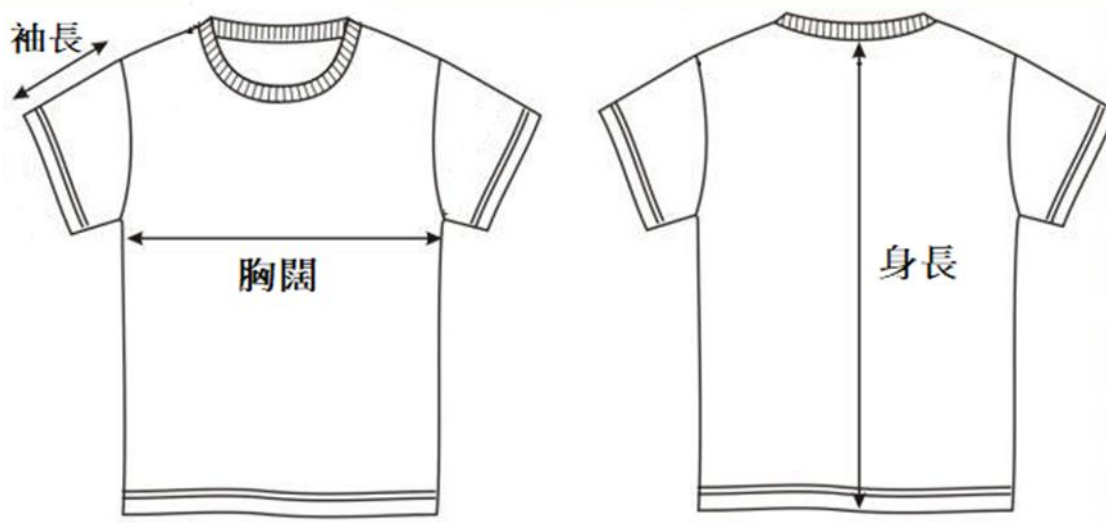
附件一 (制服尺碼表)

Appendix 1 (Uniform Size Chart)

### Kelme size chart

#### 球衣及 Polo 恤

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	65	67	69	71	73	75	77
胸闊 (cm)	48	50	52	54	56	58	60
袖長 (cm)	21	21.5	22	22.5	23	23.5	24



#### 衛衣、外套及風褸

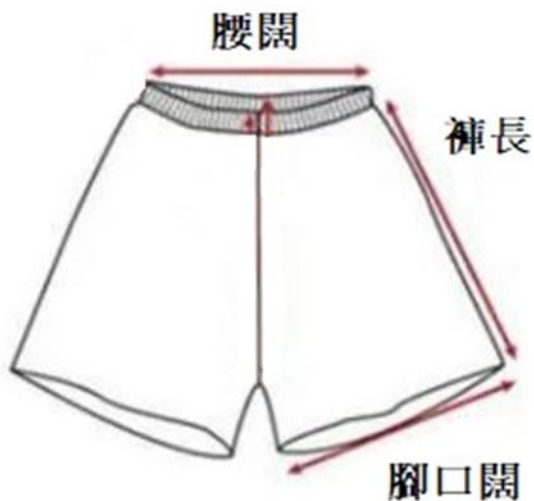
Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
身長 (cm)	64	66	68	70	72	74	76
胸闊 (cm)	52	54	56	58	60	62	64
袖長 (cm)	74	76	78	80	82	84	86





短褲

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
褲長 (cm)	44.5	46	47.5	49	50.5	52	53.5
腰闊 (cm)	32	33.5	35	36.5	38	39.5	41
腳口闊 (cm)	27	28	29	30	31	32	33



長褲

Sizes (Asian)	S	M	L	XL	2XL	3XL	4XL
褲長 (cm)	93.5	96	98.5	101	103.5	106	108.5
腰闊 (cm)	32	33.5	35	36.5	38	39.5	41

