



THE FOOTBALL ASSOCIATION OF HONG KONG, CHINA LIMITED

中 國 香 港 足 球 總 會 有 限 公 司

## Sport Science Manager

Established in 1914, The Football Association of Hong Kong, China Limited (HKFA) is the national sports association for football in Hong Kong. We are committed to enhance football development in Hong Kong. Over the past years, HKFA has been effective in broadening the base of participants and expanding various development programmes on community football covering grassroots and youth football, women's football and futsal. We provide coaching education and referee training courses to increase the supply of qualified coaches and referees to support player development and improve the standards of refereeing. We also organize football leagues, local and international competitions.

Based on the solid groundwork laid in the past years, the continual collaborations with football stakeholders as well as funding support from the FIFA, AFC, the Government of the HKSAR, the Hong Kong Jockey Club and other sponsors, we keep moving in the right directions for the implementation of our new HKFA five year strategic plan, namely "[The Vision 2025 Strategic Plan](#)", which the major goals identified vary from increased participation opportunities for all, viz. "Football for Everyone" to a long-term target of a Hong Kong men senior team going to the FIFA World Cup in 2034.

Our future success depends on the diverse talent and performance of dedicated employees. We now call for applications to fill this government subvented position which will be financially supported by the Culture, Sports & Tourism Bureau Development Fund. **The successful candidate will be appointed substantively to the post of Sport Science Manager.** Reporting to the Technical Director, the appointee will be responsible for the following:

### Job Descriptions:

#### Primary Responsibilities:

- Develop fitness program for the different age categories of the HK Representative Teams and conduct fitness training accordingly
- Develop and implement injury prevention elements into the fitness program and training sessions in item 1 above
- In case of consecutive matches (such as in a tournament), devise and execute the necessary Recovery Program to optimize team performance in the relevant period
- In case of injuries, implement the instruction for rehabilitation from the team doctor and the team physiotherapist
- Conduct performance analysis with GPS data related to physical fitness and devise individual improvement programs accordingly

#### Secondary Responsibilities:

- Work with the Coach Education Section to develop a Fitness Coach Training Course or seminars and to teach the subject if necessary
- Establish a working relationship with all of Hong Kong Premier League Clubs to promote fitness training, injury prevention, rehabilitation and recovery techniques to improve on-field performance
- Establish a relationship with all clubs with HKRT players including CSL
- Engage external expertise, if necessary, to provide nutritional program (knowledge and/or meals) for the different age categories of the Hong Kong Representative Teams and the participating Clubs in item 7 above

#### Other Responsibilities:

- Grow links with local universities, increasing the attraction and working experience of future fitness coaches
- Responsible for technical management of the delivery and development of specialist conditioning services to the Senior and Junior squads through a first-class programme
- Advise players directly and through lectures on nutrition and diet
- Create relationships with Players and Coaches to support the overall health and physical development needs of the Players

- Oversee the effective management of related facilities and equipment
- Assist in the creation and implementation of systems and methodologies to evaluate the success of the Technical Development Department in improving the overall fitness of players and preventing injury
- Adhere to a strict code of confidentiality in respect of any informed action relating to HKFA
- Meet the Technical Director, Head Coaches and Representative Squad Coaches on a regular basis regarding overall programming needs
- Lead the way to build and develop Sports Science within the Technical Development Department
- Implement screening, testing, monitoring and assessment as directed by the Technical Director
- Provide supervised appropriate strength and conditioning sessions as directed by the Technical Director and Head Coaches
- Stay abreast of developments in worldwide approaches to physical development, ensuring our Hong Kong coaches are up to date with current knowledge and strategies of physical performance in football.

**Requirements:**

- Bachelor's degree required, Masters Preferred in Sports Science or related discipline or equivalent
- Strength and Conditioning Association Accreditation or Certification
- A thorough understanding of the various sports science and medicine disciplines and their impact on the training and performance of Elite athletes and/or footballers
- Experience in conducting and validating sports science and fitness assessments and able to set individual plans for physical conditioning improvement with continuous monitoring and evaluation
- At least 5 years' experience working with Elite or professional athletes or footballers, preferably with team sport experience (multi ages and both genders)
- Preferably at least 2 years of football experience with a National Football Federation / Association or leading professional football team.
- A high level of experience in the rehabilitation and conditioning of elite football players to enhance athletic development, improve performance, prevent injuries and ensure timely recoveries

**The successful candidate will be offered a contract term employment. Starting salary will be commensurate with qualifications and experience. Our employee benefits include Group Medical, Group PA, Life Insurance and Dental Insurance to the right candidate.**

**Interested parties please send full resume with present & expected salary and available date by "[APPLY NOW](#)" on or before 7 June 2026.**

**Please ensure that you have explored the following official link which lists the relevant instructions before making an application:**

**<https://www.hkfa.com/en/about-us/organisation/career>**

**We are an equal opportunity employer and welcome applications from all qualified candidates. Applicants not having heard from us within four weeks from the date of deadline may consider their applications unsuccessful.**

**The information provided by the applicants will be treated in strict confidence and will only be used for the purpose of considering your employment application.**